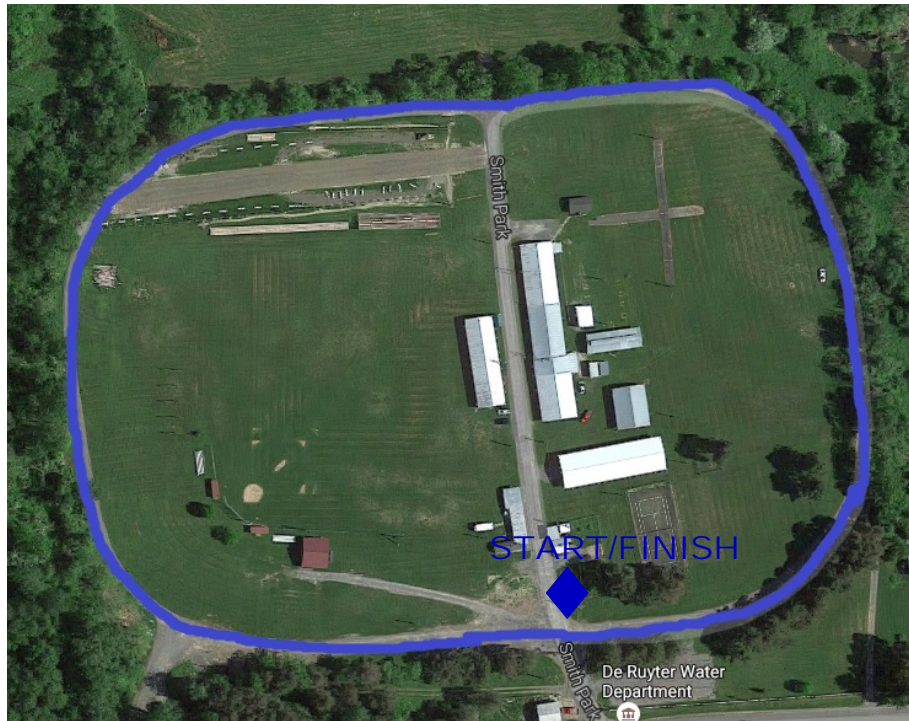


# DeRuyter Track Route

Features of this route: nearby parking, flat and accessible walking route



1. Begin at the Start/Finish sign in Smith Park off Railroad Street, right next to the parking lot.
2. Walk around the track two times in order to make a mile.

Total 1.0 mile - about 20 minutes



[www.mcruralhealthcouncil.org](http://www.mcruralhealthcouncil.org)



**KEEP UP THE GOOD WALK!**